

# Patient Information Sheet

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

To help us access the circumstances surrounding your injury, we ask you to complete this form before being seen by the physical therapist. Please answer as completely as you can.

## Personal

1. Are you working? **YES NO**
2. If yes, what is your occupation and what are the physical demands?  
\_\_\_\_\_
3. If no, when was the last time that you worked and what were the physical demands?  
\_\_\_\_\_  
\_\_\_\_\_
4. What significant past medical history should we be aware of?  
\_\_\_\_\_
5. Height \_\_\_\_\_ Weight \_\_\_\_\_
6. Please Attach Current medication list with Name of Medication Dosage and how often it is taken.

## Reasons for Your Appointment

1. What is your main complaint/problem?  
\_\_\_\_\_

2. Are your injuries due to a motor vehicle or other type of accident? Yes \_\_\_\_ No \_\_\_\_

3. Please note your pain on the following scale: (On a scale of 1-10 with 10 being worse)

1 2 3 4 5 6 7 8 9 10  
Mild Moderate Extreme

4. Please use the body diagrams to show your areas of discomfort using the following symbols:

||| Shooting pain      .... Ache      /// Pain  
xxx Numbness~~~ Constant ache

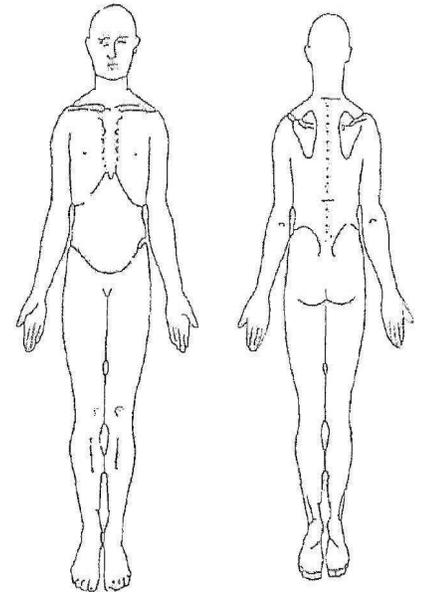
5. What positions/activities *increase* your pain?  
\_\_\_\_\_  
\_\_\_\_\_

6. What positions/activities *decrease* your pain?  
\_\_\_\_\_  
\_\_\_\_\_

7. What functional skills are you unable to do now?

How long can you sit w/o pain?	How long can you stand w/o pain?
How well do you sleep?	How far can walk w/o pain?
Dressing?	Bathing?
Use stairs?	Squatting/stooping/lifting?
Reach overhead?	Other?

8. What specific job activities do you have difficulty performing?  
\_\_\_\_\_
9. What recreational activities do you have difficulty performing?  
\_\_\_\_\_



## Previous Treatment

1. What tests/treatments have you had for this problem?  
\_\_\_\_\_
2. What other health care providers have you seen? (Ex. orthopedic, dentist, chiropractor)  
\_\_\_\_\_
3. Are you or could you possibly be pregnant? Have you been recently?  
\_\_\_\_\_